Year 7 Camp

Students participating in year 7 camp activities, having a great time getting to know each other.

Updated on our Website this fortnight:
I cannot believe that it is already week 8. The term, albeit a short one, seems to be speeding its way to the end already. We have had a relatively quiet but busy start to the term. The year 7 camp to Kings Billabong was well attended with 98% of the year 7 students attending. Whilst the days were hot, students participated to the best of their ability and a good and productive time was had by all. They exhibited excellent skills in team building and communication and met all challenges positively.

The year 9 camp also went well; with students participating in the variety of activities offered. This is one of our major camps for the year and has, up to and including this year, been heavily subsidised to ensure a high participation rate. We are about to evaluate the camp in terms of experiences and value for money with both students and staff. Hopefully we will be able to continue to offer this camp in the years to come but may have to look at shortening it due to the cost. My sincere thanks to the staff who volunteered to take these camps because without them they would not exist.

We have continued our refurbishment program and are in the process of getting quotes for the front (dust bowl!) car park. We are also hopeful that our new bell/music system will be put in during the next holidays. As the old green vinyl flooring is being pulled up and replaced in the first week of the holidays, no one will be allowed on school premises during this time. It will be great to have the floor one colour again!!! Last weekend the painting of the basketball courts was also started and now that it’s finished, it looks fantastic.

Our uniform is still looking excellent with most students are in full uniform each day. The new black mesh shorts have arrived at Lowes. Don’t forget if you need a new white or yellow shirt to just come and see the Principal. Change of weather is often a time when uniform wearing deteriorates and to this end please note that Lowes and various other shops have black pants and tracksuit bottoms ready for the colder months.

The L2L (Links to Learning) program has already begun. The programs on offer for this term are Art, Hospitality and Bike Safety and Maintenance. My thanks to Mrs Brown, with the help of Will Ward, in getting these programs up and running. We are very fortunate that Wentworth Shire Council applied for and was successfully in gaining this grant funding.

The swimming carnival was a great success. My thanks to Duncan Driscoll and the staff for their hard work in getting the day together. I would also like to thank the students for the high rate of participation and enthusiasm that they exhibited throughout the day.

Staff successfully completed a Staff Development Program on the 17th March. It included Anaphylaxis training as well as work on our new school plan and various technology workshops. The afternoon of the 17th of March and 12th of May will be in lieu of the last Thursday of the year.

**Jo Scott**  
Principal  
Coomealla HS
Links to Learning Programs commenced in Term 1:

**ART—BIKE SAFETY—HOSPITALITY**

The Art program started on the 17th March, and saw both groups work together on the planning and design of the second mural. This mural will depict a non-indigenous theme of the areas and surrounds. When completed it will be mounted up on the wall outside the front office along side the first mural painted by the students in the 2014 program.

Hospitality commenced with on Monday the 16th and saw the girls produce some beautiful scones, hot chocolate and coffee. Some staff members were lucky enough to sample these sweet treats!

The third group to start was the Bike Safety program. We have 6 girls from Dareton Public School coming to Coomealla High to join with 5 year 7 boys participating in this program. We had Leading Senior Constable Dave Collins from Dareton Police Station come and do a talk with the students about bike safety. This group of students have older bikes that they will be cleaning and maintaining ready to ride.

Di Brown—Project Manager
Year 7 Camp

BONDING AT THE BILLABONG

On Thursday 26th of February, the year 7 group left the school by bus and headed out to Kings Billabong for some team building fun. The mission over the two days was to complete set activities to get numbers that would help each team potentially unlock a safe full of goodies. This required each group to pull together as a team, follow instructions and provide feedback and encouragement to each other.

Some of the tasks included using the GPS to locate numbers, Walking the Plank, Island Hopping and other canoeing games.

Thank you to Mrs Bradley, Miss Watson and the other staff members for coming along and enjoying our two days together.

Shania
Year 7 student
2015 School Sport Victoria- Sunraysia Swimming Carnival

What a fantastic day we had on Wednesday, 25th February, at the Interschool Swimming Championships held at the Mildura Waves Complex!

Following on from our own school carnival, students were selected to compete against other swimmers from all of the other high schools in Sunraysia. For some, this was a daunting experience yet they accepted the challenge of the 50 metre pool with gusto. I have the greatest admiration for the swimmers who competed because they put the team first rather than themselves, swimming up an age group or replacing swimmers who chose not to compete. I can honestly say that every swimmer who competed entered the events with determination and gave each swim 100% effort. Of course public enemy #1, the 50 metre Butterfly, was the event to avoid. This has been the age old problem, but we did manage to have a few entries and a 1st Place result from Jackson McDermott. Well done, Jackson!!

Other place getters were:
- Ashton Tilley—Freestyle-2nd, Breaststroke-2nd, Backstroke-2nd
- Shanae Tilley—Freestyle-2nd
- Harleigh Usher—Backstroke-3rd
- Danielle Stanborough—Freestyle-3rd
- 14 Year Boys Medley Relay (Ashton Tilley, Blake McDonnell, Connor Chatterton, Jackson McDermott)-3rd place
- 14 Boys Freestyle Relay (Ashton Tilley, Blake McDonnell, Connor Chatterton, Lee Evans)—earned 2nd Place. The girls did a great job but sadly, missed out on a place.

The Coomealla High School Representatives included:
Brandi Oliver, Breana Whitfield, Danielle Stanborough, Olivia Daymond, Lucy Christianson, Belah Usher, Jessica Alderton, Shanae Tilley, Jackson McDermott, Lee Evans, Ashton Tilley, Blake McDonnell, Connor Chatterton, Colby Wade, Justin Redpath, Alex Smith, Harleigh Usher and Bailey Chatterton.

I would like to take this opportunity to thank the students who attended, particularly the senior students, being their last year to compete for the school, and to also thank the students who filled in as timekeepers in-between swims. With so few helpers it was good to see our students willing to lend a hand with the smooth running of the carnival. Thank you, too, to Mrs Barker, who officiated as Marshall for the day and helped with the organisation of the team.

Bonny Ward (Team Manager)
Term 2

Commences for students on the 21st of April.

Have a happy Easter and safe holidays.
TERM 1 FORMAL ASSEMBLY

WHEN: THURSDAY 2ND APRIL
TIME: 10.30am
LOCATION: SCHOOL HALL

This assembly will also include the induction of the incoming 2015 School Captains, School Representative Council members and Sports House Captains.

Morning tea included.

The Lower Anabranch Sporting & Landcare Group Inc.

Annual Picnic and Sports Day
will be held on
Saturday April 11\textsuperscript{th} 2015, at the Anabranch Hall.

Starting at 1pm sharp with the children's races.
Entry is free, afternoon tea and cordial for the kids supplied.
BYO drinks, shared evening BBQ meat and salad.
Evening entertainment provided and a coin roll.
A great family day - All welcome.
2015 is now well under way. Students have settled into their new classes and have just completed their first units of work. All have been marked and results returned.

Our stage 4 classes (years 7 -8) are now studying “SEPARATING MIXTURES” and “ELEMENTS” respectively. The stage 5 classes will change teachers on a four weekly schedule. This should see a uniform delivery of each unit of work across the classes, as the same teacher will deliver their unit of work to all children in the year.

Year 9 units are: COORDINATING BODY SYSTEMS with Mr Colley, ATOMIC THEORY with Mr Brown, PLATE TECTONICS with Ms Bradley.

The year 10 classes will complete the current unit (THE PERIODIC TABLE) then rotate teachers for the units, LAWS OF MOTION with Mr Brown and OUR UNIVERSE with Mr Fratti.

We are very excited about the benefits of this system of teaching.

We will be keeping up our focus on activities based learning where possible in 2015. This will continue to produce an increase in interest from our students and allow our talented students to benefit from their experiences.
Doctor Karl

In 2014 we were lucky enough to be addressed by Dr Karl Kruszelnicki, who dressed in his trademark loud shirt, and who captivated the students. He was able to introduce new ideas, like alternative energy sources and aging, while still convincing the crowd of students, on the benefit of an education at Sydney University.

Once again our students stole the show from other schools with a series of enlightened questions and thoughtful answers to Dr Karl’s questions.

Hannah and Natalia took the opportunity for a chat.

Donations Wanted

- Surplus fish tanks and accessories.
- An unused above ground pool and liner and filter pump.

This would be anything that has been in the garage for a while that you don’t want.

We have had some serious interest amongst our students about setting up some fish tanks to highlight the native Aquatic animals of this region. We live in a unique section of Australia, at the junction of Australia’s two major rivers. It would be good to show case fish and yabbies from this region. Donations would be greatly appreciated.

Yours in Education

Dennis Brown
Head Teacher Science & Sport
Coomealla High School
The NSW Teachers Federation funds a grant scheme called the Tree Levy. The scheme offsets, in part, the environmental impact of the union’s activities. A levy on paper used provides funding for native trees and shrubs to be planted in school grounds.

In 2014 Coomealla High School applied for and received a Tree Levy Grant for $400.00 from the NSW Teachers Federation. NSWTF was impressed with the school’s plants and the way they enhance the playground’s natural environment.

The funding was used to plant a vegetation corridor, that is connected to the outdoor environmental learning centre, with traditional native bush tucker and medicinal trees and shrubs used by the region’s indigenous people. These plants will provide an opportunity for students to study the reproductive and growth patterns of native species.

Below is a picture of Ms Bradley, on behalf of NSW Teachers Federation, presenting the Principal of Coomealla High School, Ms Joanne Scott-Scriven, with a Tree Levy certificate.

Pam Bradley
NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2015 the following vaccines will be offered:

**Year 7 students***
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

**Year 11-12 students***
- measles-mumps-rubella (MMR) vaccine as a single dose as part of a catch-up vaccination program for students who are not fully protected.

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- please ensure medicare number is recorded on consent

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation](http://www.health.nsw.gov.au/immunisation).

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.
A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Fiona Weir
Primary Health Clinical Nurse Specialist
Immuniser.

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**School Holiday Basketball Camp**

@ The Toyota Hothouse

- **Wednesday April 1st & Thursday April 2nd**
- **For Boys & Girls aged 5 – 12**
- **Camp runs 10am – 3pm daily with all children to**
- **Bring a basketball, lunch & drink bottle**
- **Please call 5023 2241 for more details or forms can**
- **Be downloaded at www.mildurabasketball.com.au**

Thanks,

Adam Tarr
General Manager
Mildura Basketball Association
Phone (03) 50232241
manager@mildurabasketball.com.au
www.mildurabasketball.com.au
WENTWORTH DISTRICT FOOTBALL
NETBALL CLUB

Debutante Ball 2015

The Wentworth District Football/Netball Club Debutante Ball will be held Saturday June 27, 2015 at the Coomealla Memorial Sporting Club.

Girls wishing to make their Debut this year in 2015, please contact Margaret Burrell on telephone 0428274546 after 6 pm to indicate your interest. If phone is unattended, just leave your name and phone number, or send SMS at any time, and I will return the call to collect your details.

Practice will commence approximately late APRIL, involving 12 sessions in total, with the final two sessions being the week leading up to the Debutante Ball.

Please contact me before, and no later than March 20, 2015.

Margaret Burrell

2015 WDFNC Debutante Ball Coordinator
Chances for Children funding round is NOW OPEN – Closing April 24th 2015.

- Application forms (which includes eligibility guidelines) are available for download at www.chancesforchildren.com.au.

- Please feel free to contact any of the Chances team in Swan Hill (50 324479) or Mildura/Robinvale/N.S.W. (50217480) if you have any questions or queries.

- The chances team ask for your support to spread the word that the Chances funding Round is NOW OPEN – and invite you to forward this email to any networks, colleagues or friends who may be interested in knowing more about Chances.

Many Thanks

WENTWORTH DISTRICT

JUNIOR FOOTBALL & NETBALL CLUB

Registration Night

Registration for the 2015 season will be held at the Dareton oval on Friday 20th March from 6:30 pm.

Please join us for a sausage sizzle to meet the coaches and register for your team.

Registration is $90 for 1, $170 for 2, $200 for 3

For more information contact Scott on 0419505678 or Maritta (Netball Coordinator) on 0428210902.
Community Action Team

DARETON

MARKET

Main Street Dareton

SATURDAY

28th March

8AM-1PM

Street music, while you browse, enjoy a coffee or sausage in bread.

Variety of stalls

Local shops

Enquiries:

50227742 / 0428306460
Certificate III in Education Support

Turn your passion for helping children learn, develop and achieve their best into a career.

This nationally recognised course provides participants with the knowledge and skills to assist teachers in a range of educational settings as a Learning Support officer (Teacher’s Aide), Aboriginal and/or Torres Strait Islander Education Officer or Education Assistant (special needs).

You will be equipped to help students to achieve their best in the classroom, including students with behavioural, physical or learning difficulties.

This course is offered online and face to face so you can complete your study when it suits you. Students can attend the campus for face to face delivery and access the TAFE Riverina Moodle site and use a textbook for course all content and assessments.

All learners are required to arrange to complete a 100 hour work placement at a convenient location to undertake the course. Assistance to find placement will be available.

<table>
<thead>
<tr>
<th>Delivery</th>
<th>1 Year blended delivery. Commence study from 21st April 2015.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Time</td>
<td>Minimum 21 hours recommended – 6 hours face to face. 100 hours of work placement.</td>
</tr>
<tr>
<td>Venue</td>
<td>TAFE NSW Riverina Institute Coomealla Campus</td>
</tr>
<tr>
<td>Cost</td>
<td>Fees will be determined according to Smart and Skilled reforms being implemented from 1 January 2015. Contact our Customer Course Information team to discuss your eligibility.</td>
</tr>
</tbody>
</table>
You're Invited

to our ANNUAL CANCER SUPPORT NIGHT
Proudly supported by Coomealla Club Social Club and Coomealla Bowls Club

Coomealla Bowling Club presents

their ANNUAL CANCER SUPPORT NIGHT

Sunday 22nd March, 2015
commencing at 6:00pm

Open to All

All proceeds go to the
SUNRAYSIA CANCER SUPPORT GROUP

Donations can be made at Coomealla Club Reception or to Wilga Redpath at Coomealla Bowls Club

- Enter your own team (of 4) or go into a draw for team selection.
- Names in by 6:00pm games commence 7:00pm.
- BBQ tea.
- Entry $12 per person.
- Games Finish 9:30pm
- Further information telephone Tom Bath 0428 502 426

COOMEALLA MEMORIAL SPORTING CLUB LIMITED
## Too sick for school?

Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

<table>
<thead>
<tr>
<th>Condition</th>
<th>Symptoms and Notes</th>
<th>Symptoms/Precautions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bronchitis</td>
<td>Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.</td>
<td>... until they are feeling better. Antibiotics may be needed.</td>
</tr>
<tr>
<td>Chickenpox (Varicella)</td>
<td>Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.</td>
<td>... for 5 days from the onset of the rash and the blisters have dried.</td>
</tr>
<tr>
<td>Conjunctivitis</td>
<td>The eye feels ‘scratchy’, is red and may water. Lids may stick together on waking.</td>
<td>... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.</td>
</tr>
<tr>
<td>Diarrhoea (no organism identified)</td>
<td>Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.</td>
<td>... for at least 24 hours after diarrhoea stops.</td>
</tr>
<tr>
<td>Fever</td>
<td>A temperature of 38.5°C or more in older infants and children.</td>
<td>... until temperature is normal.</td>
</tr>
<tr>
<td>Gastroenteritis</td>
<td>A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.</td>
<td>... for at least 24 hours after diarrhoea and/or vomiting stops.</td>
</tr>
<tr>
<td>German measles (Rubella)</td>
<td>Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.</td>
<td>... for at least 4 days after the rash appears.</td>
</tr>
<tr>
<td>Glandular Fever (Mononucleosis, EBV infection)</td>
<td>Symptoms include fever, headache, sore throat, tiredness, swollen nodes.</td>
<td>... unless they’re feeling unwell.</td>
</tr>
<tr>
<td>Hand, Foot and Mouth Disease (HFMD)</td>
<td>Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.</td>
<td>... until all blisters have dried.</td>
</tr>
<tr>
<td>Hayfever (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke</td>
<td>Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.</td>
<td>... unless they feel unwell or are taking a medication which makes them sleepy.</td>
</tr>
</tbody>
</table>
| Head lice or nits* (Pediculosis) | Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp. | ... while continuing to treat head lice each night. Tell the school. }
<table>
<thead>
<tr>
<th>Disease</th>
<th>Description</th>
<th>Duration/Instructions</th>
</tr>
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<tbody>
<tr>
<td><strong>Hepatitis A</strong></td>
<td>Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.</td>
<td></td>
</tr>
<tr>
<td><strong>Hepatitis B</strong></td>
<td>Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.</td>
<td></td>
</tr>
<tr>
<td><strong>Impetigo (School sores)</strong></td>
<td>Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.</td>
<td></td>
</tr>
<tr>
<td><strong>Influenza</strong></td>
<td>Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.</td>
<td></td>
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<tr>
<td><strong>Measles</strong></td>
<td>Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.</td>
<td></td>
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<tr>
<td><strong>Meningococcal Disease</strong></td>
<td>Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.</td>
<td></td>
</tr>
<tr>
<td><strong>Molluscum Contagiosum</strong></td>
<td>Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.</td>
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<td><strong>Mumps</strong></td>
<td>Fever, swollen and tender glands around the jaw.</td>
<td></td>
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<tr>
<td><em><em>Ringworm</em> (tinea corporis)</em>*</td>
<td>Small scaly patch on the skin surrounded by a pink ring.</td>
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<td><strong>Runny nose or common cold</strong></td>
<td>Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.</td>
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<tr>
<td><strong>Scabies</strong>*</td>
<td>Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.</td>
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<td><strong>Shigella</strong></td>
<td>Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.</td>
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<td><strong>Slapped Cheek Syndrome</strong></td>
<td>Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.</td>
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<td><strong>Whooping Cough</strong> (Pertussis)</td>
<td>Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.</td>
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<td><strong>Worms</strong> (Threadworms, pinworms)</td>
<td>The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.</td>
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Note: * indicates a contagious disease. **Medical care** is essential for all cases. Antimicrobial (Antibiotic) sensitivities are seasonal, so please contact your doctor for the latest information. Affected individuals should remain at home until symptoms cease.

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IMPORTANT INFORMATION REGARDING ABSENTEE NOTES

The DET Attendance Policy PD20050259 states that:

Parents are responsible for explaining the absences of their children from school promptly and within seven days to the school.  
(from Responsibilities, 2.1 point 3); and

A hard copy of the electronic record is to be generated weekly for the previous two-week period. The principal or delegated school executive must endorse this hard copy, certifying its accuracy. Once signed, this hard copy becomes the record of attendance and must not be amended.  
(4.2 Electronic Attendance Registers, 4.2.2)

Please send absentee notes to school promptly and, if you are going on holidays, please inform the school in advance.

Coomealla High School—Absence Note

Student Name: ___________________________ Year: ________ Roll Group: ______________

My child was absent from school: Date/s ____________________________________________

Reason: ___________________________________________________________________

Signed: __________________________________Parent/Guardian

Quotable Quote:

"Always be a first rate version of yourself and not a second rate version of someone else."

Judy Garland

Change of Address/Personal information

Please obtain an official ‘Change of Student Details’ form from the front office.

This will allow details to be updated on our system.