Year 12 Social 2014

Year 12 Social 2014

Year 12 Presentation Dinner
November 17th 2014

Updated on our Website this fortnight:
P&C AGM 25th November 2014 5.30pm
Welcome to term 4.

It has been a busy start to the term with reports being written and HSC exams underway. As a school and community we are continuing to work on our new school plan. We have had meetings with students, staff and the P and C to work on this project. Our next meeting on this topic is for Aboriginal parents; Amanda, our AEO has details. Please let her know if you can come and also if you need transport. The staff are continuing to work on this in their faculty and staff meetings.

PBL has been going well and my particular thanks go to Mr O'Shanessy for his consistent work in this area. We have been having some extra draws and the next one is week 4. As with anything "you need to be in it to win it"

Year 11 reports will be out next week.

Our year 12’s have started their HSC well. Whilst nervous on the first day, they have certainly taken on board all that they need to do and are working solidly. This term seems to be shaping up as our term for change, although you might not actually see these changes until next year! We are upgrading our technology infrastructure, organising new smart boards and a new server. This should result in a faster and better service and more classrooms will have smart boards. We have also ordered a range of new textbooks. For 2015 we will have a slightly different system in some areas where parents may purchase a copy of the textbook themselves; more information will be coming out soon.

Just a reminder about the end of the year. School finishes for Coomealla High School on Wednesday 17/12/14 as we have completed our Staff Development Days earlier in the year.

**HSC help at a glance:**

Year 12 is a challenging time for kids, as studying for the HSC often coincides with other stressful factors.

- Support your child by encouraging good sleep, nutrition and physical activity.
- Have realistic expectations about your child’s performance and goals.
- Stay calm and positive.

NSW HSC Online has excellent study resources.

How you can help:

Richard Cracknell, counsellor and district guidance officer at Inverell High School advises that "the most obvious forms of support parents can offer are the practical, physical things," and recommends parents:

- Provide a good place to study, that's quiet, comfortable, with good ventilation, good lighting, adequate desk or table space and free from distractions such as TV, noise, a telephone, interesting conversations, little brothers and sisters.
- Provide healthy, balanced meals.
- Encourage healthy, balanced meals.
- Encourage sleep and regular exercise.
- Encourage them to avoid late night parties and alcohol consumption.

Less obvious, but just important, is giving your child the support they need in the lead-up to exams, which can be hard when emotions run high.

Jo Scott
Principal
Year 12 Social
Year 12 Major Works TAS

Corey Henderson with his Major Works Project. Above.

Simon Hilliard with his Major Works Project Left and Above.
Fun at the MAC
Late last term sixteen students from the Indigenous Leadership Program travelled by bus into the Mildura Art Centre to watch a spectacular show currently touring Australia. Djuki Mala: Chooky Dancers performed a very entertaining one hour show re-interpreting different dance and styles of music while blending traditional dance, Bollywood and Hip Hop with songs like “Singing in the Rain”, “Walk like an Egyptian” and “Thriller”.
This indigenous group of young men from the Northern Territory also produced and starred in an insightful documentary about their families and culture, their journey to becoming famous and also issues facing Aboriginals today. This was shown on the big screen in between dances and costume changes and generated some interesting conversations on the way back to school.
Our students were very fortunate to be involved in this sold out show and we will be looking forward to attending more shows in the future.
Miss Watson and Mr Gee.
IYLP Coordinators

Students Donate Swags
Across Sunraysia, Indigenous Youth Leadership students were invited to attend the MASP Community Sleepout night in Mildura run by MASP. Three of our Year 11 students: Gary Mitchell, Derek Smith and Bill Murray participated in this valuable experience gaining some insight into the plight of homeless people in our area. In response to this community issue, our IYLP students donated two swags each to Kristie Walker providing MASP with a total of thirty two beds to handout.
ILYP STUDENTS INSPIRED

On the 20th August last term, our Indigenous Youth Leadership Program (IYLP) students travelled by bus into MADEC to spend time with other IYLP students in Sunraysia. The students were greeted by Jeremy Donovan, an indigenous keynote speaker with an awesome story to tell. He talked at length about his caring adopted parents who raised him as their own from age 5 and immersed him in their Maori culture which he loved.

At about 14, his adopted parents traced his real parents and discovered he was actually from an aboriginal community in northern Queensland. This was the beginning of an identity crisis and bad behaviour at school and in the community leading to several stints in juvenile detention. While in jail, Jeremy had an opportunity to meet his biological father for the first time via Skype. It was a huge turning point for Jeremy when he realised his dad was also in jail and had been for some time. The thought of turning out like his dad was enough to change his attitude and his plans.

Jeremy was released early on condition that he travelled up north to live with his indigenous grandfather. He was a respected elder and very traditional, living in a camp with no running water or electricity. Jeremy learnt the customs and languages from the elders in this camp and started painting and playing the didgeridoo. His Grandfather told him to never give up on your dreams.

After performing locally in a nearby town, a tourism operator liked Jeremy's talent and offered him a regular gig. One thing led to another and Jeremy found himself touring Australia and then later around the world. He has since played for the Queen, the Pope and the Deli Lama.

Today he is an ambassador for many indigenous groups promoting better health, education and pathways for indigenous people.

His motto is simple: Dream big. If you can dream it, you can achieve it.

Here are some of the comments from our students afterwards.

“He learnt from his mistakes.” Shamika

“He made a few bad choices growing up but he still found a way to get past all of that negative stuff and achieved something good out of it.” Bill

“Jeremy was funny and sad and inspirational, and I loved that he played the flute and Didgeridoo.” Gary

“It really made me think there is more in life than the bad things.” Maddi

“I will try and make the most of my education and take all the opportunities I can.” Jesse

“I liked the way he turned his life around because he was encouraged to dream.” Zoe
Coomealla High School Tennis Championships

The tournament took place over three Friday afternoons and we had a substantial number of junior boys enter. The senior boy champion of 2014 is Corey Henderson (Yr 12) and the worthy runner up is Simon Hilliard (Yr 12). The senior girls grand final was of a very high standard with Katelin Kemp (Yr 11) taking out the match against Emily Hancock (Yr 12) who put in a sterling effort.

The winner of the junior boys section was Alex Smith (Yr 9) who won in a second set tie break over Jarrod Brander (Yr 9). This was a match of much strategy and skilful execution of shots. The junior girls champion is Imogen Smith (Yr 8) and the runner up is Sara Hancock (Yr 8).

It was wonderful to see the high level of junior participation and the excellent sportsmanship displayed by the students throughout the championship.

Mrs R. Buckley
**Interschool Basketball**

On Wednesday the 15th of October 3 teams headed to the Mildura Basketball stadium to compete against the Mildura schools in basketball. Students had a very busy day with many of them umpiring and scoring as well as playing. They are to be commended on their conduct and positive attitudes throughout the day. Aaron Duck deserves a special mention as he coached the junior team and assisted the intermediate boys. He also stepped up and umpired many games for us.

The intermediate boys team had success on the day making the semi-final. They defeated Red Cliffs and Henderson College in their pool games and only lost to St Joes. In the semi-final the game came down to the last few seconds with Joel King making a shot from the three point line but it was deemed to be only a two point shot and we went down by a point. The team consisted of Bailey Tyers, Oliver Mangan, Kobe Mutch, Bailey Chatterton, Joel King, Rhys Mutch, Jarrod Brander and Tyreece Kelly.

The Junior Boys lost their pool games to St Joes and Red Cliffs but played well to win against Chaffey. Aaron Duck did a fantastic job of coaching the boys. The team consisted of Tyler Tyers, Pas Audino, Jacob Whitfield, Hamish Ribalits, Tyson Bath, Elliott Driscoll, Connor Chatterton and Blake McDonnell.

The intermediate girls did not have a win on the day but made improvements in every game they played. They were defeated by St Joes, Red Cliffs and Chaffey. The team consisted of Megan Clothier, Mikaela Fraser, Jade Pohlner, Sharie Bowes, Monique Mitchell, Jasmin Pohlner and Meg Richardson.

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**SPORT AT SCHOOL**

School sport is an integral part of the school curriculum.

“The combined Board of Studies and Department of Education and Communities minimum requirements for students in government schools are:

“80 – 120 minutes per week for sport in each of the Years 7, 8, 9 and 10

“NSW government schools are required to provide students with two hours of planned physical activity, which can be achieved through activity in Physical Education and Sport. Where an integrated sport pattern occurs, two periods providing 80 minutes are to be allocated; where a staggered or traditional sport pattern is used, two to three periods providing 80 – 120 minutes are to be allocated.”

Sport at Coomealla High School is conducted on Friday afternoons. Attendance at and participation in sport is mandatory unless students have a valid reason that is documented and supported by parents or caregivers. All requests for students to not attend sport must be made in writing and approved by the Principal or the Deputy Principal in advance or on Friday morning at the latest. Only in emergencies will verbal (ie phone) permission be granted.

*From the DEC Policy Standards for *Curriculum Planning and Programming, Assessing and Reporting to Parents K – 12*
Dear Parents & Carers of Year 7
2015

You’re invited to attend a Parent Information Night and view our retrospective showcase of students’ work

Wednesday 29 October 2014
6:30 pm - 7:30 pm
in the School Library

Please contact Ms Watson, Ms Bradley or Mr Driscoll with any queries.

Jo Scott
Principal

Josephine Crowley
Deputy Principal
All members of the public are welcome
( Prefer to be able to at least swim one lap of the pool)
New members welcome.

Encourages fitness, fun and achieving personal bests.

Registration days and training begin:
Dareton, 27th October & Wentworth, 28th October at 5.15pm
Training: Dareton Public Pool, Mondays & Wednesdays 5:15pm
(finishing time varies depending on age)

Wentworth Public Pool, Tuesdays 5:15pm

2014/15 Fees:
$175 competitive swimmer
$150 learn to swim (maximum 2 yrs)
Fees do not include season tickets to Public Pool (phone Wentworth Shire for enquiries)

Fees entitle the members to training (5 months), insurance,
Sunraysia Swimming Fees and entry to some competitions.

For more information contact Teresa Crisp (Coach)
Ph: 5027 4701 or Email: teresa@plummer.com.au
First Aid & Pool Lifeguard Course

Roger Abel Training Services endorsed by Life Saving Victoria is running a course at a venue near you!

Pre-requisites
- 16 years of age
- First Aid Workbook
- Able to swim 200m

Course price
$400.00 p/p
Course Duration: 27hrs
3 x 9am to 6pm
(Workbook will be sent prior to the course)

Wednesday 5th to 7th Nov 2014
Mildura Waves Leisure Centre
CNR Deakin Ave/Twelfth St, Mildura 3502
9am—5.30pm

Hurry limited places!!

Please book directly via the website:
www.rogerabeltraining.com.au
Any enquiries please call Roger on 0400 582 357
Pool Lifeguard Update

Roger Abel Training Services endorsed by Life Saving Victoria is running a Pool Lifeguard Update course at a venue near you!

Pre-requisites
- Senior First Aid
- 17 years of age
- Current Pool Lifeguard Award

Course price
$110.00 p/p
Course Duration: 8hrs

Saturday 8th Nov 2014
Mildura Waves Leisure Centre
CNR Deakin Ave/Twelfth St, Mildura 3502
9am—5.30pm

Hurry limited places!!

Please book directly via the website:
www.rogerabeltraining.com.au
Any enquiries please call Roger on 0400 582 367
RMHC® RIDE FOR SICK KIDS SA

22nd November -
28th November 2014

Mildura Family Fun Day
Sat, Nov 22
11am-3pm
Langtree Mall
Activities... Games...
Food & Fun Galore!

Riding from Mildura to Adelaide over 7 days (1,000kms) to raise funds for Ronald McDonald House® Adelaide.

Riders and Support Crew Wanted.

For more information, call the House on 08 8267 6922 or visit www.rmhcrideforsickkidssa.com.au

Proudly Supported by McDonald’s South Australia
## CALENDAR

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**Reminder:**

Thongs or canvas shoes are NOT to be worn at school for safety reasons.
Recipe Corner:
Curried Tuna and Pineapple Casserole

Ingredients:
- 2 tins of tuna in brine
- 1 tin of pineapple pieces
- 2 onions finely diced
- 2 tablespoons plain flour
- 2 teaspoons curry powder
- 2 cups of milk
- Salt and pepper
- Boiled rice to serve

Method:
- Fry onion in butter until clear but not brown
- Add flour and curry powder. Stir for 3 minutes
- Pour brine from tuna into mixture and stir, gradually add milk
- Stir until thickens, add flaked tuna and drained pineapple pieces
- Season to taste with salt and pepper, serve with boiled rice

Lincoln College provides a home away from home for students who have to move to Adelaide to study at university from country SA, interstate or overseas. The College is centrally situated in a quiet area of North Adelaide and offers a safe, friendly, fun environment that fully supports its residents to achieve strong academic outcomes. See www.lincoln.edu.au

Please be reminded that Sport Attendance is compulsory!

TIME TO ORDER YOUR COOMEALLA HIGH SCHOOL MAGAZINE, PLEASE SEE THE OFFICE, THE MAGAZINE COSTS $26
IMPORTANT INFORMATION REGARDING ABSENTEE NOTES

The DET Attendance Policy PD20050259 states that:
Parents are responsible for explaining the absences of their children from school promptly and within seven days to the school. (from Responsibilities, 2.1 point 3); and

A hard copy of the electronic record is to be generated weekly for the previous two-week period. The principal or delegated school executive must endorse this hard copy, certifying its accuracy. Once signed, this hard copy becomes the record of attendance and must not be amended. (4.2 Electronic Attendance Registers, 4.2.2)

Please send absentee notes to school promptly and, if you are going on holidays, please inform the school in advance.

Coomealla High School—Absence Note

Student Name: ___________________________ Year: ________ Roll Group: ______________

My child was absent from school: Date/s ____________________________________________

Reason: __________________________________________________________________________

Signed: __________________________________ Parent/Guardian

Coomealla High School—Absence Note

Student Name: ___________________________ Year: ________ Roll Group: ______________

My child was absent from school: Date/s ____________________________________________

Reason: __________________________________________________________________________

Signed: __________________________________ Parent/Guardian

Quotable Quote:
If everybody is thinking alike, then somebody isn't thinking
George S Patton, JR.

Change of Address/Personal information

Please obtain an official ‘Change of Student Details’ form from the front office.

This will allow details to be updated on our system.